

WHEN SHOULD I KNOW MY PRAYERS?

<u>PRAYER</u>	<u>Grade Introduced</u>	<u>Grade Memorized</u>
Act of Contrition	2	2
Apostles' Creed	2	4
Confiteor	3	5
Gloria	4	6
Glory Be	PK	1
Guardian Angel Prayer	PK	1
Hail Holy Queen	4	6
Hail Mary	PK	1
Holy, Holy, Holy	2	3
Kyrie	2	3
Lamb of God	2	3
Litany of the Saints	6	8
Liturgy of the Hours		8
Meal Prayers	PK	1
Nicene Creed	5	6
Our Father	PK	1
Prayer to St. Ignatius		8
Prayer to St. Michael		8
Prayer to the Holy Spirit	5	8
Rosary	2	4
Sign of the Cross	PK	K
Stations of the Cross	7	

You should be familiar with the name of a prayer during intervening grades between when it is introduced and the grade when it should be a part of the prayers that you can say from memory.



PRAYER TO ST. FRANCIS

LORD

**Make me an instrument of Your peace.
 Where there is hatred, let me sow love;
 Where there is injury, pardon; where
 There is doubt, faith; where there is
 Despair, hope; where there is darkness,
 Light; and where there is sadness, joy.
 Grant that I may not so much seek to be
 consoled as to Console; to be under-
 stood as to understand;
 To be loved as to love; for it is in
 Giving that we receive; it is in pardoning
 That we are pardoned; and it is in dying
 That we are born to eternal life.**

MY BOOK OF CATHOLIC PRAYERS

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Litany of the Saints

Lord, be merciful, Lord, save us.
From all harm, Lord, save us.
From every sin, Lord, save us.
From all temptations, Lord, save us.
From everlasting death, Lord, save us.
By Your coming among us, Lord, save us.
By Your death and rising to new life,
Lord, save us.
By Your gift of the Holy Spirit, Lord, save us.

Be merciful to us sinners,
Lord, hear our prayer.
Guide and protect Your Holy Church,
Lord, hear our prayer.
Keep our Pope and all the clergy in faithful service
to Your Church. Lord, hear our prayer.
Bring all people together in trust and peace.
Lord, hear our prayer.
Strengthen us in Your service.
Lord, hear our prayer.
Amen.

Our Father

Our Father,
who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who
trespass against us;
and lead us not
into temptation,
but deliver us from evil.

Amen.

Prayer to St. Michael

St. Michael, the archangel, defend us in
battle. Be our defense against the
wickedness and snares of the devil.
May God rebuke him we humbly pray;
and do thou, O prince of the heavenly
host, by the power of God, thrust into hell
by Satan and the other evil spirits who
prowl about the world seeking the ruin of
souls. Amen.

Prayer to St. Ignatius Loyola

Lord Jesus Christ, take all my freedom,
my memory, my understanding, my will. All
that I have and cherish you have given to
me. I surrender it all to be guided by your
will. Your grace and your love are wealth
enough for me. Give me these, Lord Je-
sus, and I ask for nothing more. Amen.

Guardian Angel Prayer

Angel of God,
my Guardian dear,
to whom God's love
commits me here,
ever this day be at my side,
to light and guard,
to rule and guide.

Amen.



Sign of the Cross

In the name of
the Father,
and of the Son,
and of the Holy Spirit.

Amen.



Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.

Amen.



Prayer to the Holy Spirit

Come Holy Spirit. Fill the hearts of your faithful. And kindle them in the fire of your love. Send forth your spirit and they shall be created. And you will renew the face of the earth.

Let us pray.

Lord, by the light of the Holy Spirit, you have taught the hearts of your faithful. In the same Spirit help us to relish what is right and always rejoice in your consolation.

We ask this through Christ our Lord.

Amen.



Hail Holy Queen

Hail, holy Queen, Mother of Mercy,
our life, our sweetness, and our hope!
To thee do we cry, poor banished
children of Eve.

To thee do we send up our sighs,
mourning and weeping in this vale of tears
Turn, then, most gracious advocate,
thine eyes of mercy toward us;
and after this, our exile, show unto us
the blessed fruit of thy womb, Jesus.

V. O clement, O loving, O sweet Virgin Mary,
Virgin Mary,

R. Pray for us O holy mother of God,
That we may be worthy of the promises of
Christ.

Amen

Hail Mary

Hail Mary, full of grace
the Lord is with thee!
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners,
now and at the hour
of our death.

Amen.



Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name my God, have mercy.

Amen.

Liturgical Acclamations cont.

Holy, Holy, Holy

Holy, Holy, Holy Lord, God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest. Blessed is he
who comes in the name of the Lord.
Hosanna in the highest.

Lamb of God

Lamb of God, you take away the sins of
the world: have mercy on us.

Lamb of God, you take away the sins of
the world: have mercy on us.

Lamb of God, you take away the sins
of the world: grant us peace.

The Apostles' Creed

I (we) believe in God, the Father almighty, creator of heaven and earth.

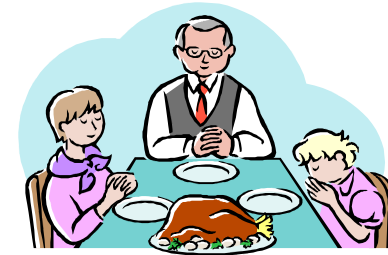
I (we) believe in Jesus Christ, his only Son our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I (we) believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Meal Prayers

Prayer Before Meals

Bless us, O Lord, and these thy gifts which we are about to receive, from thy bounty, through Christ our Lord.
Amen.



Prayer After Meals

We give you thanks, O almighty God, for all your benefits, who live and reign now and forever.
Amen.

Nicene Creed

I believe in one God, the Father,
Almighty, maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord, Jesus Christ,
the only Begotten Son of God, born of
the Father before all ages.

God from God, Light from Light,
true God from true God, begotten not made,
consubstantial with the Father;
through him all things were made.

For us men and for our salvation, he
came down from heaven and by the
Holy Spirit, was incarnate of the Virgin
Mary, and became man.

For our sake, he was crucified under
Pontius Pilate; he suffered death and
was buried, and rose again on the third
day in accordance with the
scriptures.

Liturgical Acclamations

Confiteor

I, confess to Almighty God, and to
you my brothers and sisters, that I
have greatly sinned, in my
thoughts and in my words, in what
I have done and what I have failed
to do, through my fault, through
my fault, through my most grievous
fault; therefore, I ask blessed
Mary, ever-Virgin, all the Angels
and Saints, and you my brothers
and sisters, to pray for me to the
Lord our God.

Liturgical Acclamations

Kyrie

Lord have Mercy.
Christ have Mercy.
Lord have Mercy.

Gloria

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you we give you thanks, for your great glory Lord God, heavenly King. O God, almighty Father.

Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the Glory of God the Father.

Amen.

Seven Sacraments

Sacraments of Initiation

Baptism
Holy Eucharist
Confirmation

Sacraments of Vocation

Holy Matrimony
Holy Orders

Sacraments of Healing

Reconciliation
Anointing of the Sick



Rosary

The Joyful Mysteries (M & S)

The Annunciation
The Visitation
The Birth of Jesus
The Presentation in the Temple
Mary and Joseph find Jesus in the Temple

The Sorrowful Mysteries (T & F)

The Agony in the Garden
The Scourging of Jesus
The Crowning with Thorns
Jesus Carries his Cross
Jesus Dies on the Cross

The Glorious Mysteries (W & Sun.)

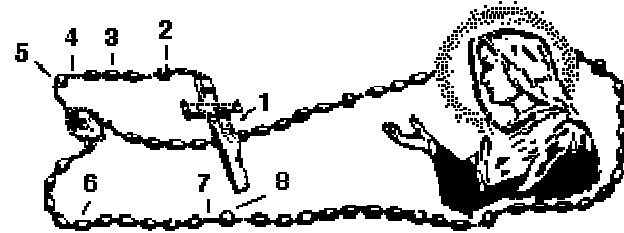
The Resurrection
The Ascension
The Holy Spirit is Sent upon the Apostles
The Assumption of Mary
Mary Crowned Queen of Heaven

The Luminous Mysteries (Thurs.)

The Baptism in the Jordan
The Wedding at Cana
Proclamation of the Kingdom of God
The Transfiguration
The Institution of the Eucharist

Rosary

How to Pray the Rosary



1. Make the Sign of the Cross and say the Apostles' Creed.
2. Say the *Our Father*.
3. Say 3 *Hail Mary's*
4. Say the *Glory Be to the Father*.
5. Announce the 1st Mystery; then say the *Our Father*.
6. Say 10 *Hail Mary's* meditating the mystery.
7. Say *Glory Be to the Father*.
8. Announce the second mystery, say the *Our Father*. Repeat 6 & 7 and continue with the 3rd through 5th Mystery in the same manner.
9. After each decade say the Jesus Prayer "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy."
10. At the end of the rosary, say the "Hail Holy Queen."

Ten Commandments

1. I am the Lord your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor

Nicene Creed cont.

He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one holy, Catholic and Apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.
Amen.